**CORK COUNTY A.A.I. CHAMPIONSHIPS**

**Program may be brought forward**

**May 3rd 2015**

**ORDER OF EVENTS - DAY 1**

**Check in 10am Start 10.30am**

* All Long Hurdles G&B.U14 - 200h –G&B U15 &U16 - -250h, G&B U17 - 300h, G&B U18 & U19 - 400h
* Steeplechase Boys & Girls U17 - U 19

**Check in 11.45 -Hurdles CIT side**

* Sprint Hurdles Boys and Girls U12, U13 (Heats followed by Final) Boys and Girls U 14

**Check in 11.45 - Sprints - Stand side**

* Sprints Boys & Girls U 9, U11, U15, U17, U19 Heats, Semi Finals and Final

**Check in 2pm**

* 1500m U14, U15, U16, U17, U18, U19 boys and Girls
* 400m Boys and Girls U 17 - U19
* 500m – BU10, GU10
* 600m GU12, BU12, G13, B13.

**Field Events: 10.30 am Check in 10am**

**10.30 am.**

1. Javelin: BU14, GU15, BU15, B U17, BU18, BU19, BU16, BU13
2. High Jump: BU11, BU18, GU11, BU16, GU15, GU17, GU13, BU14, BU19
3. Shot: GU12, GU11, GU13, GU18, GU19, GU15, GU16, GU17, GU14
4. Discus: GU13, GU14, GU16, GU18, GU19, G17, G15

**10.30am**

1. Long Jump Pit A G18, G19, G14, G10, G16, G12

Pit B BU13, B15, B17, B10, BU12

**12.00**

6. Turbo Jav: **Runway A (Finish line)** G9, B9 **Runway B (100m start)** GU11, B11

**1.30pm**

7. Pole-vault: BU19, BU18, BU17, BU16, BU15, GU16, GU17, GU18, GU19

8. Hammer BU13, BU14, BU15, BU16, BU17, BU18, BU19